



Wellness in Windham  
Health Education

invites you to a **FREE** workshop

# ***Advance Care Planning Digging into the Details***

**You know you need to finish your advance care directive.**

**Your completed directive protects you and your loved ones from agonizing, heart-rending second-guessing in times of crisis.**

**Come learn what you need to know to get this done!**



In this workshop you will:

- Get familiar with the range of terms and their consequences including: Agent, COLST, DNR, Code Status, Quality of Life, Hospice, Heroic Measures, and Palliative Care.
- Gain clarity on the choices so you can align them with your values and wishes
- Learn what to do with your directive when it is completed.

**Presenters:** Suzanne Baxtresser, RN and Joanna Rueter, LICSW

**Date and Location:**

- ❖ Monday: November 16, 6:00pm-8:00pm
- ❖ Brew Barry Room, Brattleboro Memorial Hospital

**For more information, Contact 802-257-0775 or email: [info@brattleborohospice.org](mailto:info@brattleborohospice.org)**

This workshop is sponsored by the Brattleboro Memorial Hospital and Brattleboro Area Hospice.

[www.brattleborohospice.org](http://www.brattleborohospice.org) & [www.sustainable-aging.com](http://www.sustainable-aging.com)